

# EQ Profile +

**“Turning emotion into insight, and insight into impact.”**

## What is it?

The EQ Profile + is a general indicator of an individual's ability to recognise and regulate emotions within themselves and in others. These abilities have been found to be of great importance in various aspects of career success. The EQ Profile + assesses 10 EQ dimensions.

## What does it assess?

- Assertiveness
- Flexibility
- Optimism
- Relationship Management
- Self-Awareness
- Self-Confidence
- Self-Control
- Self-Management
- Social Awareness
- Stress Management

## Outputs:

- Automated report
- Person-job-match
- Star performers
- Candidate ranking
- Expected work behaviours
- Management strategies
- Interview guide

## Benefits of the EQ Profile+:

- **Simplicity:** simple to use, easy to understand.
- **Speed:** takes 30-40 minutes to complete.
- **Rigour:** robust psychometric properties, multiple report generation.
- **Job Fit:** compares candidates against star profiles.
- **Online:** 100% cloud-based; data safe and secure.
- **Technology Platform:** EQ Profile + forms part of the PsyMetrics Assessment Platform.
- **Control:** Clients have full control over their PsyMetrics system and process.
- **Cost Effective:** Flexible costing structure.
- **PsyMetrics:** In addition to the EQ Profile + access 25 other assessment tools from the same platform.
- **Application:** Selection, promotion, succession planning, talent pipelining
- **Input-Throughput-Output:** 30-40 minutes to complete, instant report generation and rigorous reporting.

